

# Menus

School: Dahlgren Elem School

Meal: All

Month: November 2022

Academic Year: 2022-23

November				
M	Tu	W	Th	F
31 <b>Breakfast:</b> Cereal Pancake, Bacon Fruit, Milk  <b>Lunch:</b> Grilled Cheese Tomato Soup, Crackers Fruit, Milk	1 <b>Breakfast:</b> Cereal Biscuit&Gravy, Sausage Fruit, Juice, Milk  <b>Lunch:</b> Italian Chicken, Rice Pilaf, Corn, Fruit, Milk	2 <b>Breakfast:</b> Cereal Bar Fruit, Milk  <b>Lunch:</b> Turkey&Cheese Sandwich Potato, Baked Beans, Fruit, Milk	3 <b>Breakfast:</b> Cereal 1/2 Bagel, Oatmeal Fruit, Milk  <b>Lunch:</b> Meatloaf, Biscuit, Mashed Potato , Green Beans, Fruit, Milk	4 <b>Breakfast:</b> Cereal French Toast Stick Sausage, Fruit, Milk  <b>Lunch:</b> Bosco Stick, Marinara Salad w/ tomatoes, Fruit, Milk
7	8	9	10	11
14 <b>Breakfast:</b> Cereal Breakfast Sandwich, Hashbrown, Yogurt Fruit, Milk  <b>Lunch:</b> Sloppy Joe/Bun, Potato, Cooked Carrots, Fruit, Milk	15 <b>Breakfast:</b> Cereal 1/2 English Muffin, Oatmeal, Fruit, Milk  <b>Lunch:</b> Chicken on the Beach Mexican Rice, Chips&Salsa Refried Beans, Fruit, Milk	16 <b>Breakfast:</b> Cereal Bar Fruit, Milk  <b>Lunch:</b> BBQ sandwich, Potato, Steamed Broccoli, Fruit, Milk	17 <b>Breakfast:</b> Cereal Mini Waffle, Sausage Fruit, Milk  <b>Lunch:</b> Thanksgiving Meal Turkey, Mashed Potato/Gravy, Green Beans, Roll, Dessert, Milk	18
21 <b>Breakfast:</b> Cereal Smorgasbord Fruit, Milk  <b>Lunch:</b> Bacon Cheeseburger French Fries, Baked Beans, Red Hot Applesauce, Milk	22 <b>Breakfast:</b> Cereal Biscuit&Gravy, Hashbrown Fruit, Milk  <b>Lunch:</b> Fajita Chicken Chips&Salsa, Refried Beans, Milk	23	24	25
28 <b>Breakfast:</b> Cereal Donut, Yogurt Fruit, Milk  <b>Lunch:</b> Lasagna Roll Ups Spinach Salad, Cottage Cheese, Pineapple, Fruit, Milk	29 <b>Breakfast:</b> Cereal Breakfast Tornado, String Cheese or Cottage Cheese Yogurt, Fruit, Milk  <b>Lunch:</b> Chicken Tortilla Soup Cheese Stick, Chips&Salsa, Refried Beans, Fruit, Milk	30 <b>Breakfast:</b> Cereal Bar Fruit, Milk  <b>Lunch:</b> Meatball Sub Coleslaw, Corn, Fruit, Milk	1	2