

OCTOBER 2020

EAST SIDE

Monday

Tuesday

Wednesday

Thursday

Friday

5
MUFFIN
CEREAL
POPTART
FRUIT JUICE
MILK

6
SAUSAGE WRAP/SYRUP
CEREAL
BREAKFAST BAR
FRUIT
MILK

7
EGG & CHEESE BREADSTICK
CEREAL
YOGURT
FRUIT
MILK

1
CINNAMON ROLL
CEREAL
YOGURT
FRUIT
MILK

2
BISCUIT/BACON
CEREAL
BREAKFAST BAR
FRUIT JUICE
MILK

12
**NO SCHOOL
COLUMBUS DAY**

13
MUFFIN
CEREAL
POPTART
FRUIT JUICE
MILK

14
HOT OATMEAL
CEREAL
BREAKFAST BAR
FRUIT
MILK

8
DONUT
CEREAL
YOGURT
FRUIT
MILK

9
**NO SCHOOL
REMOTE LEARNING PLANNING DAY**

15
CINNAMON ROLL
CEREAL
YOGURT
FRUIT
MILK

16
BISCUIT/SAUSAGE/GRAVY
CEREAL
BREAKFAST BAR
FRUIT JUICE
MILK

19
MUFFIN
CEREAL
POPTART
FRUIT JUICE
MILK

20
FRENCH TOAST/SYRUP
CEREAL
BREAKFAST BAR
FRUIT
MILK

21
BICUIT/HAM
CEREAL
BREAKFAST BAR
FRUIT
MILK

22
DONUT
CEREAL
YOGURT
FRUIT
MILK

23
BISCUIT/EGG/GRAVY
CEREAL
BREAKFAST BAR
FRUIT JUICE
MILK

26
MUFFIN
CEREAL
POPTART
FRUIT JUICE
MILK

27
BISCUIT/CHICKEN
CEREAL
BREAKFAST BAR
FRUIT
MILK

28
WAFFLE/SYRUP
CEREAL
YOGURT
FRUIT
MILK

29
CINNAMON ROLL
CEREAL
YOGURT
FRUIT
MILK

30
BISCUIT/SAUSAGE/GRAVY
CEREAL
BREAKFAST BAR
FRUIT JUICE
MILK