

INTRODUCTION

May I take this opportunity to welcome all athletes to Hamilton County Schools and to wish you the best of luck. Parents, too, are a very important part of our program and we welcome your interest. This booklet has been prepared in order to better explain and clarify our athletic program to both athlete and parents, and we sincerely hope that you will contact us if there are questions or concerns.

Athletics are important! That is why Hamilton County Unit #10 Schools sponsor sports. We think that every boy and girl enrolled in our schools should have the opportunity to participate in some sport if he/she has the desire and are willing to devote the time and effort required to successfully participate in such a program.

Winning is important, but not at the expense of poor sportsmanship and tactics outside of the established rules of play. The coaches of Hamilton County Schools teach their athletes to win fairly so that they may take pride in their victory but with primary emphasis on teaching each student valuable lessons that will be beneficial to the athlete throughout their lifetime.

It is hoped that through study of the contents of this booklet we have compiled, and guidelines set up by the coaches and administrators, we will help you gain an understanding of the operation of the Athletic Department. If you at any time have any questions please feel free to contact me at the Sr. High, 643-2328 ext. 3220.

Clint Winemiller
Athletic Director

STUDENT-ATHLETE HANDBOOK

Student participation in public schools academic and non-academic activities is limited to full-time students currently enrolled in and attending Hamilton County Community Unit School District No. 10. Participation in public school academic and non-academic activities is allowed for non-public school children only in driver's education and other programs as provided for in the Illinois School Code.

Participation in extracurricular and athletic extracurricular activities at Hamilton County Schools is a privilege, not an absolute right, for students and with this privilege goes certain responsibilities. These activities, being an elective part of the school, may not be for everyone and are available for those who desire to abide by the conditions established and who desire to derive the benefits offered by participation in such programs.

Interscholastic, extracurricular, and athletic activities offer experiences for encouraging desirable habits of citizenship, discipline, self-sacrifice, and team building. In addition, there are opportunities for community service-developing qualities of dedication for common goals, and for promoting an atmosphere of acceptable ethical and moral attitudes. To accomplish these goals it is necessary to develop and maintain attitudes that are based on rational regulations and standards for personal appearance, public image, and behavioral and academic rules that help to promote excellence.

Hamilton County Jr. High School offers baseball, 7th and 8th basketball, track, and trap shooting for boys and softball, 7th and 8th basketball, volleyball, track, cheerleading, and trap shooting for girls.

Varsity sports offered at Hamilton County Unit #10 High School include football, golf, cross-country, basketball, baseball, and track for boys. Offerings for girls are cross-country, volleyball, basketball, softball, cheerleading, golf, and track. Underclass teams are fielded in most sports.

Any Hamilton County School student participating on an athletic team sponsored by another school, organization or club that competes against Hamilton County School District during the time the same athletic activity is offered in the Hamilton County School District, is prohibited from participating in all athletic team activities offered by Hamilton County School District for the current semester plus the following semester. (i.e. Student A participates in an athletic activity that will compete against Hamilton County School District during the spring semester. Student A is in violation of this policy and shall be prohibited from participating in any Hamilton County School District athletic activity during the spring semester and the following fall semester.) Participation on an IHSA cooperative team of which the school is a member is acceptable as per IHSA regulations and shall not constitute a violation of this policy.

This policy is in addition to all other Hamilton County School District policies, student handbook rules and procedures, and IHSA rules related to athletic extracurricular eligibility.

GENERAL TRAINING RULES

Training rules are established so that everyone knows what is expected of him/her. The coaches and athletic department have established the following rules and regulations as authorized by the Board of Education. The head coach of a sport may establish additional special training rules for that sport after written submissions to the Athletic Director and subsequent approval by the Board of Education.

1. No use, distribution, or possession of tobacco, alcohol, non-prescription drugs or illegal use of a prescription drug.

Alcohol, Anabolic Steroids, and Other Drugs Including Tobacco

Violation of this training rule will be subject to Policy Violation penalties (Section IV) of the Drug Testing Policy.

If an athlete from another school has been suspended for drug use, he/she will not be eligible to participate in Hamilton County Unit #10 Schools Athletic Program for 365 days from suspension from previous school.

2. Student-Athletes are members of a sport year round. Any athlete, who is guilty of any violation in the off-season, including summer, will receive the same suspension as if the season were in.
3. Athletes are expected to attend every practice and game unless excused by the coach in advance. Promptness is also imperative if a person is to succeed as an athlete. If an emergency comes up, the athlete may call the school and leave a message for their respective coach. Discipline for a missed practice is at the discretion of the coach.
4. Theft of athletic equipment or possession of stolen equipment from Hamilton County Schools or another school:
 - 1st offense- Suspension two games plus restitution
 - 2nd offense- Suspended 365 days- plus restitution
5. Vandalism of our school facilities or vandalism while a guest at another school:
 - 1st offense- Suspension two games plus restitution
 - 2nd offense- Suspended 365 days, plus restitution
6. Lost/ Stolen Equipment: Any lost/stolen equipment must be paid for at the end of the season. If payment is not made, the athlete will not be allowed to participate in another sport until the equipment is returned or restitution is made.
7. All athletes will ride school transportation to and from out of town games. Exceptions can be made only through a coach in that sport. This exception can only be with a parent who is at the contest and a written note must be filled out.

8. Any student-athlete who quits a team after its first practice will not be allowed to begin another sport or participate in a conditioning program until the season of the initial sport has ended or only after AD approval and consultation with the coaches involved with that student athlete.
9. Other Crimes: Students charged with any misdemeanor or felony under Illinois law will be suspended from all sports until the charges have been dismissed or the student is found not guilty.
10. If an athlete is found or pleads guilty to any misdemeanor or felony, he/she shall be ineligible for any sport until completion of his/her term of punishment, probation, or sentence.
11. A review committee shall be formed, consisting of the building principal, athletic director, and two head coaches from the high school or one from the junior high school depending on the class status of the student athlete.

A student or parent may make an appeal to the review committee by submitting a Letter of Appeal to the building principal, within five school days of the suspension, the decision of the review committee shall be provided to the student and parent within forty-eight hours or two school days. The decision of the review committee is final.

Rotation of the coaches to serve on this committee shall be as follows:

	<u>High School</u>	<u>Jr. High</u>
2013-14	Volleyball & Girls track	Boys Basketball
2014-15	Baseball & Cheerleading	Girls Basketball
2015-16	Softball & Girls Cross Country	Baseball
2016-17	Girls Basketball & Boys Cross Country	Softball
2017-18	Football & Boys Track	Boys Track
2018-19	Boys Basketball & Golf	Girls Track

ATTENDANCE

Student athletes must realize that the primary reason they are in school is to receive an education.

Attending classes is mandatory and extended absences will jeopardize the athlete participating in athletics. If an athlete must be absent from school, call the office at 643-2328 and leave a message for your respective coach. Any classes missed must be dealt with through the main office and according to policy. Students MUST be in attendance for at least 4 full class periods in order to participate in extracurricular

activities that afternoon or evening unless it is an excused doctor or dental appointment, bereavement day, or approved by the administration.

SCHOOL SUSPENSIONS

1. An athlete serving out-of-school suspension will not be allowed to participate in practices or contests during the suspension period. It will be the coach's decision if discipline action is taken for missing practice.
2. An athlete serving in-school suspension will be allowed to participate in practices and contests.

AWARDS

Students participating in athletics will be honored for their efforts with certificates, medals, and pins at the discretion of the coach. There can be as many as three special awards awarded in each sport.

Any student-athlete who does not finish the season in good standing will not receive any recognition.

INJURIES

Athletes and parents should recognize the risks of physical injury from athletic competition. Athletes should immediately report every injury to the coach no matter how minor. The coach must submit an accident form to the school office for insurance purposes.

The school assumes neither responsibility nor obligation for the payment or treatment of injuries.

INSURANCE

All students participating in athletics will be required to be covered by insurance. This can be either voluntary school sponsored insurance or family coverage. Documentation of coverage waiver must be on file with the school system before the athlete can practice.

DUAL SPORTS (HIGH SCHOOL ONLY)

Student athletes are allowed to participate in more than one sport in the same season. Regulations for this situation are as follows.

1. Arrangements must be made with both coaches prior to the start of the season.
2. The athlete is expected to practice with the team in one sport if the other team has the day off.
3. On days when both sports are practicing and a contest is scheduled, priority of events is as follows.
 - A. Athlete will select at the beginning of the season which sport their first priority will be and must stay with that decision all season.
 - B. Regularly scheduled events over rescheduled events.
 - C. State series over regular season.
 - D. The athletic director will decide any unresolved conflicts.

Athletic Eligibility Rules

The following rules are provided by the IHSA and are used in matters of eligibility. Information contained here highlights only the most important features of IHSA By-laws regarding interscholastic athletic eligibility. High school athletes are required to maintain IHSA Eligibility.

ATTENDANCE (Section 3.010 of the IHSA By – Laws)

1. You may represent only the school you attend. Participation on a cooperative team of which your school is a member is acceptable.
2. You must be enrolled and attending classes in your high school no later than the beginning of the 11th school day of the semester.
3. If you have a lapse in school connection for ten (10) or more consecutive school days during a semester, you are subject to ineligibility for the rest of the semester.

SCHOLASTIC STANDING (Section 3.020 of IHSA By – Laws)

1. You must pass two point five (2.5) credit hours of high school work per week. Generally, two point five (2.5) credit hours is the equivalent of four (5) “full credit” courses.

2. You must have passed and received credit toward graduation for two point five (2.5) credit hours of high school work for the entire previous semester to be eligible at all during the ensuing semester.

RESIDENCE (Section 3.030 of IHSA By – Laws)

1. Your eligibility is dependent on the residence of your parents, not your own residence.
2. If you have attended the same high school for your entire high school career and your parents move from the district or community traditionally served by your school after you have completed the eleventh (11) grade, you may remain in attendance at that high school, upon the approval of the local Board of Education, and be eligible in regard to residence for the twelfth (12) grade.

TRANSFER (Section 3.040 of IHSA By – Laws)

The eligibility of a student who transfers attendance from one high school to another high school is subject to the following Sections 3.041-3.047 of the IHSA By-Laws and their sub-sections. Such students must additionally be in compliance with the applicable residency provisions.

Section 3.042. Once classes begin in a school for the current school year, if a student changes attendance from that school to another school, the student shall be ineligible for the remainder of the school year in any sport in which he/she participated in practice or contest in the current school year or, once classes begin in a school for the current school year, if a student changes attendance from that high school to another high school, the student shall be ineligible for a period of thirty days, commencing on the first day of attendance at the new high school, in any sport in which he/she was not participating or had not participated during school year.

PARTICIPATION LIMITATIONS (Section 3.050 of IHSA By – Laws)

After you enroll in the ninth (9th) grade, you may be eligible for no more than the first eight (8) semesters you attend the school. For ten (10) or more days in a semester, that counts as a semester of attendance. You are not guaranteed eight semesters of eligibility, but that is the maximum number of high school attendance during which you may have eligibility.

- A. If you attend school.

- B. Your 7th and 8th semesters of high school attendance must be consecutive.
- C. After you enroll in ninth (9th) grade, you may be eligible for no more than four (4) years of competition, but that is the maximum amount of competition you may have.

AGE (Section 3.060 of IHSA By – Laws)

You will become ineligible on the date you become twenty (20) years of age, unless your twentieth (20th) birthday occurs during a sport season. In that case, you will become ineligible in regard to age at the beginning of the sport season during which you turn twenty (20).

USE OF PLAYERS

You may not appear at a contest in the uniform of your school while you are ineligible. This means that you may not dress or sit the bench if you are not eligible to play. Also, you may not compete as an “exhibition” contestant if you are not eligible.

PHYSICAL EXAMINATION

You must annually have placed on file with your principal a certificate of physical fitness, signed by a licensed physician, in order to practice or participate. Your physical examination each year is good for only one (1) year from the date of the exam.

SCHOOL TEAM SPORTS SEASON

1. Each sport conducted by IHSA member schools has a starting and ending date. Your school may not organize a team, begin practice, or participate in contests in a given sport until the authorized starting date. Your school may not continue to practice or participate in contests after the authorized ending date.

This means that:

- A. You may not participate on a non-school team coached by any member of your school’s coaching staff unless it meets specific criteria established by the IHSA Board of Directors.

- B. No school coach may require you to participate in an out-of-season sport program as a requirement for being a member of a school team.
2. Violation of the sport season by-laws will result in penalty to you and/ or to your school's coaching personnel.

PLAYING IN NON-SCHOOL COMPETITION (Section 3.100 of IHSA By – Laws)

During the time you are participating on a school team in a sport at your high school, you may neither play on a non-school team nor compete in non-school competition as an individual in that same sport.

ALL-STAR PARTICIPATION (Section 3.120 of IHSA By – Laws)

1. After you have completed your high school eligibility for football, basketball, baseball, or volleyball, you may participate in one (1) all-star contest in any of these sports and still play for other school teams, provided:
 - A. The high school season in that sport has been completed.
 - B. The all-star contest has been approved by the IHSA.
2. You are not restricted from participating in all-star competition in sports other than football, basketball, soccer or volleyball, except that you may not do so during the school season for that sport.

COACHING SCHOOLS (Section 3.110 of IHSA By – Laws)

1. A coaching school is defined as “any program sponsored by an organization or individual which provides instruction in sports theory and skills to groups of persons.” The term “groups of persons” is defined as more than two (2) students from any school.
2. During the school year, you may not attend a coaching school or clinic for any interscholastic sport.
3. You may attend a coaching school, camp, or clinic during the summer (that period between the close of school in the spring and the opening of school in the fall) within the following criteria:
 - A. You may not attend a coaching school, camp, or clinic for any fall sport(s) after July 31.

- B. You may not attend a coaching school, camp, or clinic for any winter or spring sport(s) after the day your school begins in the fall.

MISBEHAVIOR DURING CONTESTS

1. If you violate the ethics of competition or the principles of good sportsmanship, you may be barred from interscholastic athletic contests, either as a participant or spectator or both.
2. If you are ejected from a contest for unsportsmanlike conduct, you will be ineligible for your team's next contest. You are also subject to other penalties.
3. Any person(s) found in violation of the ethics of competition or principles of good sportsmanship may also be barred from interscholastic athletic contests.

NCAA ACADEMIC ELIGIBILITY

If you want to practice and play your freshman year at NCAA Division I or Division II College, you must satisfy the requirements of NCAA Bylaw 14.3, commonly known as Proposition 48.

1. Graduate from high school;
2. Attain a grade point average of 2.000 (based on a maximum of 4.000) in a successfully completed core of curriculum of at least academic courses {this core curriculum includes at least three years in English, two in mathematics, two in social science, and two natural or physical science (including at least one laboratory class, if offered by the high school)}, and
3. Achieve a 700-combined score on the SAT verbal and math sections or a 17 composite score on the ACT.

SUMMARY

The primary purpose of our athletic program is to provide a positive environment in which to prepare our young people for the future. We certainly hope that all student athletes acquire the principles of discipline, self-sacrifice, and dedication as they progress through our program.

This handbook has been prepared to better explain and clarify our athletic program to both athlete and parents and we sincerely hope that you will contact us if there are any questions.

HOW TO BE AN ALL-STAR PARENT

How do you define an all-star parent? Very simply, he or she is a parent who is a good sport and a great fan. To become an all-star parent of a student, there are times when you must stop parenting. When your son or daughter changes into uniform and becomes a contestant, you also have to change from parent to fan. Your job on the sidelines or in the stands is not to be a parent, but to be your child's greatest fan.

There's no trick to learn here. You already know how to do this. Remember how you behaved when your baby was learning how to walk? You were a fan and a supporter, weren't you? You applauded the "downs" as well as the "ups".

You never said things like "What's taking you so long?" "How come the kid down the street is walking better than you?" "Why do you keep making the same mistakes over and over again?" You were the world's best and most appreciative audience.

Why should it be any different now that your child is a contestant? Your job is not to coach (unless you are the coach). You are there so that you can share the thrill of victory and the agony of defeat—together.

In fact, your child needs your support more in defeat than in victory. Did you ever notice that strangers feel free to come out of the stands and congratulate the winners? But in defeat, sometimes the contestants' own teammates and coaches ignore them. As a parent you have to be there to cushion setbacks with a positive "we'll get 'em next time."

Three B's for All-Star Parenting: 1. Be There. 2. Be Positive. 3. Be seated.

Be there: You can never hope to be an all-star parent unless you show up at the games. Regardless of the skill level of your child or the success of the team—go to the games. Be supportive. Don't be a fickle fair-weather fan.

Be positive: On the sidelines, if you can't say something positive, don't say anything at all. Nothing good comes from negative statements, and nothing negative comes from positive ones. If you can't be positive, at least be silent.

Be seated: Even though it's good to be positive, it's not good to overdo it. Don't stick out. Players should not confuse your voice with that of the coach. Avoid comments toward officials.

Once you start to become a positive, acknowledging fan, an interesting thing may happen. Your child will want you at the game. When this happens, you will know that you are considered to be an important member of your child's all-star support team.

Hamilton County Sr. High School

Controlled Substance and Alcohol

Testing Policy

REQUIRED CONSENT

In exchange for the privilege of and as a condition of the student's participation in any high school interscholastic athletic activity or team sponsored by Hamilton County Senior High School, a student and his or her parent/guardian must consent to an alcohol and controlled substance urine test randomly during his or her participation in any interscholastic athletic activity. The consent form will be provided by the district and must be returned to the Athletic Director signed by both the student athlete and the student athlete's parent or guardian before game participation will be allowed. The signed consent shall only be valid for the calendar year (365 days from signing date) in which the consent was signed, and a new consent must be signed each year the student wishes to participate.

Controlled Substance List

Cocaine
 Amphetamines
 Marijuana
 Opiates 2000
 Benzodiazepines
 Alcohol
 Anabolic Steroid
 K-2

I. TESTING TYPES

A. Random Testing.

The school district shall conduct unannounced random alcohol and controlled substance testing of student-athletes during each school year. The students' names shall be drawn by the Athletic Director and witnessed to by an athletic team coach.

B. Reasonable Suspicion Testing

The School District may require a student-athlete to submit to an alcohol and or controlled substance test when a district administrator and or coach or sponsor has reasonable suspicion to believe that the student has violated the School District's policy prohibiting the use of alcohol and or controlled substances by students. Reasonable suspicion must be based on specific, contemporaneous, articulate

observations concerning the appearance, behavior, and speech or body odors of the student-athlete.

II. PROCEDURES

Each athlete selected for random alcohol and or controlled substance testing shall proceed to the test site immediately upon notification. Failure to report to the test site or refusal to submit to a drug or alcohol test by the student will be treated as a policy violation.

A. Testing Procedures

The school district and laboratory conducting the test shall develop and maintain a clear and well-documented procedure for the collection, shipment, and maintenance of urine specimens.

The school district and laboratory will also utilize custody and control form to insure the integrity of the specimens provided. No personal identifying information on the student will be provided to the laboratory. The designated district employees and testing laboratory will strictly adhere to the custody and control procedures.

Students will be required to verify any medications being used under doctor prescription prior to the testing and this information will be kept confidential.

B. Specimen Collection Procedures.

The school district will designate a collection site and have available all necessary personnel, materials, equipment, facilities, and supervision to provide for the collection, testing, security, temporary storage, and shipping or transportation of urine specimens. In consultation with the laboratory, the school district will establish security and chain of command procedures to maintain the integrity of the sample collected. The individual student's privacy rights will be maintained to the extent appropriate without compromising the test results.

C. Testing of Samples

The school district will retain the services of a licensed laboratory for the purpose of confirming the test results obtained by the school district from a positive specimen and will develop procedures to insure the integrity of the sample collected. The laboratory shall only report the findings of the test results to school employees designated by the district.

III. NOTIFICATION OF TEST RESULTS

- A. The parents/guardian will be notified immediately if the alcohol and controlled substance laboratory test results were negative.
- B. If the laboratory test results are positive verifying the presence of alcohol or a controlled substance, the Athletic Director will notify the student and the parents/guardian in writing by certified and regular mail of the following
 - 1. A copy of the test results received.
 - 2. If it is a first offense, the notice will include: alcohol and drug treatment education programs as outlined by the Athletic Director in a required, parents/student/Athletic Director meeting.
 - 3. The dates and duration of the suspension, from athletic participation.
 - 4. A statement of the parent/guardian rights to request an appeal to the review committee consisting of the building principal, athletic director, and two head coaches from the high school (not including the head coach of the athlete if currently in season). Both sides will have an opportunity to present information relevant to the identified violation at the hearing. The ruling of the review committee is final

IV. POLICY VIOLATION PENALTIES

The Athletic Director will notify the student and parents/guardian in writing by certified and regular mail of the following:

A. Tobacco Use Violation

First Offense – 2 games not eligible to play

Second Offense – Off the remainder of the sports season

Third Offense – off the remainder of the current school year

B. Alcohol, Steroids and Substance Abuse Violation – First Offense

- 1. The athlete will be immediately suspended from participation in interscholastic athletics. The duration of the suspension will be 50% of the regular season contests of the sport in progress or of the next sport in which the student will participate. If the violation occurs with less than 50% of the season activity remaining, the remaining percentage will be served during **the next sport activity in which the student participates.** *
- 2. Prior to any further participation in any interscholastic athletic activity or interscholastic athletic team, the student and his or her parents/guardian shall meet with the Athletic Director who shall advise the athlete and the parent or guardian of treatment recommendations. The Athletic Director will monitor the student's progress in the agreed upon program.
- 3. Failure to follow the terms, conditions, and recommendations set forth by the Athletic Director and parent or guardian of the athlete will result in a suspension from all athletics for one calendar year (365 days) from the time the suspension began.

4. Prior to resuming participation in contests, the student will be tested for the use of alcohol and controlled substances and such results must test negative for the presence of alcohol and controlled substances, as per the district's testing procedures. The student will be responsible for the cost of the test.
5. Before returning from suspension for a first offense, the student and his or her parents/guardian must agree to random testing of the athlete for the next three months, at the cost of the school. Failure to agree to the random test will result in continued suspension from the athletic program.

C. Alcohol, Steroids and Substance Abuse Violation – Second Offense

1. For a second offense of the Athletic Controlled Substances and Alcohol Testing Policy during the student's career at Hamilton County Sr. High School the student will not be allowed to participate in any interscholastic athletic activity or on any interscholastic athletic team for one calendar year (365 days).
2. Before returning from suspension from a second offense, the athlete must agree to all of the provisions set forth in sections two thru five of the first offense.

D. Alcohol, Steroids and Substance Abuse Violation – Third Offense

1. For a third offense of the Athletic Controlled Substances and Alcohol Testing Policy during the student's career at Hamilton County Sr. High, the athlete will not be permitted to participate in any interscholastic athletic activity or on any interscholastic athletic team for the remainder of his or her high school career.

*"The next sport activity in which the student participates" is defined as the sport in the sequence of a school year in which the student athlete participated in the previous school year or the next sport season the athlete had committed to by already declared such to the coach of that sport. If the student is a freshman then it is the next sport season. This interpretation is designed to prevent a student from using a non-participation sport/season to serve the suspension.

E. Anabolic Steroids

The use of anabolic steroids except for a valid medical purpose, by any pupil involved in school related athletics is prohibited. Bodybuilding, muscle enhancement, increasing muscle bulk or strength, and the enhancement of athletic ability are not valid medical purposes.

Anabolic Steroids are a powerful drug that many people use as a short cut to boost their athletic performance or improve their appearance. Sometimes known as "juice," "hype," "pump," or "roids" and properly called anabolic androgenic steroids, the word anabolic means building body tissue. Anabolic helps to increase muscle mass and body weight, and speed up bone maturation. Androgenic means to promote male characteristics. Androgenic helps to develop facial hair, deeper voice, balding, and other male characteristics.

SIDE EFFECTS FROM STEROID USE

Severe acne on face and back, baldness, stretch marks, being bloated, and skin infections at injection site, aching joints, muscle cramps, liver damage or liver cancer, tendon ruptures, high blood pressure, high cholesterol, heart disease, heart attack, stroke and headaches, aggressive/violent behavior nausea, vomiting. HIV/AIDS and hepatitis if needles are shared.

SUCCEED WITHOUT STEROIDS

Success takes talent, skill, and most of all hard work and practice. There are healthy ways to build strength and improve your appearance; proper conditioning and training, good nutrition, and dedication and commitment to your goals.

V. APPEAL PROCEDURES

A request to review the suspension, by the review committee, must be in writing, directed to the Superintendent's office. A letter to the parent or guardian shall confirm all notifications requesting an appeal. If a request for review of the suspension has been timely filed (with in five days of the suspension), the parent or guardian shall be given written notification of the times and place of the appeal hearing, which shall be at a mutually agreeable time not more than five days after the written notice of the review hearing is mailed.

Failure to request an appeal to the review committee within five days of the date of mailing of the notice as specified in IV– B above will be considered a loss of the Right to appeal.

The principal shall notify the Superintendent of a suspension by forwarding a copy of the parental notice of suspension to the Superintendent. The superintendent will notify the Board of Education of a suspension after deadlines for appeal has passed.

HAMILTON COUNTY JR/SR HIGH SCHOOL STUDENT ATHLETE HANDBOOK APPROVAL AND CONSENT FORM FOR CONTROLLED SUBSTANCE AND ALCOHOL TESTING

I / we have received and read a copy of the Hamilton County Sr. High Athletic Code, Concussion Policy, and Controlled Substance and Alcohol Testing Policy and have read and understand the policy.

I / we desire that _____ (student) be permitted to participate in the athletic program and hereby voluntarily agree to the terms of this program

I / we accept the method of obtaining urine samples, testing of each specimen, and all other aspects of the program as explained in the policy. I / we agree that the above named student will cooperate in furnishing a urine specimen whenever requested within the requirements of this policy. Refusal to comply with the testing program will result in ineligibility in all interscholastic athletic activities for one calendar year.

I / we further consent to the disclosure of sampling, testing, and results as explained in this policy.

As a member of an athletic team representing Hamilton County Jr. / Sr. High School, I agree to conduct myself at all times in accordance with the provisions set forth therein.

This consent is given pursuant to all State and Federal Privacy Statutes and is a waiver of rights to non-disclosure of such test records and results only to the extent of the disclosures in the program.

Custodial Parent or Guardian Signature

Date

Student Athlete Signature

Date

Parents:

A medical insurance program must cover a student who is attending Unit #10 and is participating in any sports program in Unit #10 Schools. This may be through the insurance offered at school or by a plan you presently have in force. Unit #10 Schools dose not provide any medical insurance for student athletes.

A student participating in athletics must carry the plan offered through the school or be covered under your own policy at home or work.

Please fill out the bottom of this letter that pertains to you and return it to the school office or coach.

Student Insurance Coverage Verification Form

I understand that _____ must be covered by medical insurance to participate in the athletic program. He/she is covered under our private policy and we will notify the school when our insurance is no longer in effect.

NAME OF INSURANCE COMPANY _____

POLICY NUMBER _____

PARENT or GUARDIAN SIGNATURE _____

DATE _____

