

NOVEMBER BREAKFAST MENU 2017

Hamilton County Jr./Sr. High School

Monday

Tuesday

Wednesday

Thursday

Friday



EGG PATTY/BISCUIT
OR CEREAL OR
POP TART
YOGURT
OR CHEESE STICK
FRESH FRUIT
MILK

1

CINNAMON ROLL OR
CEREAL OR POP TART
YOGURT OR FRUIT JUICE
OR FRESH FRUIT
OR MILK

2

BISCUIT/GRAVY OR
SAUSAGE OR CEREAL
POP TART OR YOGURT
FRUIT JUICE OR
FRESH FRUIT OR MILK

3

BREAKFAST PIZZA OR
CEREAL OR POP TART
OR YOGURT OR
CHEESE STICK OR
FRUIT JUICE OR
FRESH FRUIT OR MILK

6

LONG JOHN OR CEREAL
POP TART OR
CHEESE STICK OR
YOGURT OR
FRUIT JUICE OR FRESH
FRUIT
OR MILK

7

SCRAMBLED EGGS/TOAST
OR BACON OR
POP TART OR CEREAL
YOGURT OR
CHEESE STICK

FRESH FRUIT OR MILK

8

PANCAKES/SAUSAGE
CEREAL OR POP TART
OR YOGURT OR
FRUIT JUICE OR
FRESH FRUIT OR MILK

9

BISCUIT/GRAVY OR
SAUSAGE OR CEREAL
POP TART OR YOGURT
FRUIT JUICE OR
FRESH FRUIT OR MILK

10

BREAKFAST PIZZA OR
CEREAL OR POP TART
OR YOGURT OR
CHEESE STICK OR
FRUIT JUICE OR
FRESH FRUIT OR MILK

13

DONUT OR CEREAL
OR POP TART
OR CHEESE STICK
OR YOGURT
OR FRUIT JUICE OR
FRESH FRUIT

14

HAM OR HASHBROWN
CEREAL OR POP TART
YOGURT OR FRESH FRUIT
FRUIT JUICE OR MILK

15

CEREAL OR POP TART
OR MUFFIN
OR YOGURT
OR CHEESE STICK OR
FRESH FRUIT OR
FRUIT JUICE OR
MILK

16

*NO
SCHOOL
FOR
STUDENTS!*

17

BREAKFAST PIZZA OR
CEREAL OR POP TART
OR YOGURT OR
CHEESE STICK OR
FRUIT JUICE OR
FRESH FRUIT OR MILK

20

LONG JOHN OR CEREAL
POP TART OR
CHEESE STICK OR
YOGURT OR
FRUIT JUICE OR FRESH
FRUIT
OR MILK

21

**NO
SCHOOL
THANKSGIVING
BREAK**

22

**NO
SCHOOL
THANKSGIVING
BREAK**

23

**NO
SCHOOL
THANKSGIVING
BREAK**

24

BREAKFAST PIZZA OR
CEREAL OR POP TART
OR YOGURT OR
CHEESE STICK OR
FRUIT JUICE OR
FRESH FRUIT OR MILK

27

DONUT OR CEREAL
OR POP TART
OR CHEESE STICK
OR YOGURT
OR FRUIT JUICE OR
FRESH FRUIT

28

SCRAMBLED EGGS/TOAST
OR BACON OR
POP TART OR CEREAL
YOGURT OR
CHEESE STICK

FRESH FRUIT OR MILK

29

PANCAKE/SAUSAGE
ON A STICK OR POP TART
OR CEREAL OR
YOGURT
CHEESE STICK OR
FRESH FRUIT

30

