

October Breakfast Menu 2020

Hamilton County Jr./Sr. High School

Monday

Tuesday

Wednesday

Thursday

Friday

Cereal or pop tart **5**
Or muffin or yogurt,
Cheese stick or
Fresh fruit or fruit
Juice or milk

Donut or pop tart **6**
Or muffin or yogurt,
Cheese stick or
Fresh fruit or fruit
Juice or milk

Cereal or pop tart **7**
Or muffin or yogurt,
Cheese stick or
Fresh fruit or fruit
Juice or milk

Cereal or pop tart **1**
Or muffin or yogurt,
Cheese stick or
Fresh fruit or fruit
Juice or milk

Donut or pop tart **2**
Or muffin or yogurt,
Cheese stick or
Fresh fruit or fruit
Juice or milk

**NO
SCHOOL-
COLUMBUS
DAY** **12**

Cereal or pop tart **13**
Or muffin or yogurt,
Cheese stick or
Fresh fruit or fruit
Juice or milk

Cereal bar or pop tart **14**
Or muffin or yogurt,
Cheese stick or
Fresh fruit or fruit
Juice or milk

Cereal or pop tart **8**
Or muffin or yogurt,
Cheese stick or
Fresh fruit or fruit
Juice or milk

**NO
LUNCH-
REMOTE
LEARNING
PLANNING DAY** **9**

Cereal or pop tart **15**
Or muffin or yogurt,
Cheese stick or
Fresh fruit or fruit
Juice or milk

Cereal or pop tart **16**
Or muffin or yogurt,
Cheese stick or
Fresh fruit or fruit
Juice or milk

Cereal or pop tart **19**
Or muffin or yogurt,
Cheese stick or
Fresh fruit or fruit
Juice or milk

Cereal or pop tart **20**
Or muffin or yogurt,
Cheese stick or
Fresh fruit or fruit
Juice or milk

donut or pop tart **21**
Or muffin or yogurt,
Cheese stick or
Fresh fruit or fruit
Juice or milk

Cereal or pop tart **22**
Or muffin or yogurt,
Cheese stick or
Fresh fruit or fruit
Juice or milk

Cereal or pop tart **23**
Or muffin or yogurt,
Cheese stick or
Fresh fruit or fruit
Juice or milk

Donut or pop tart **26**
Or muffin or yogurt,
Cheese stick or
Fresh fruit or fruit
Juice or milk

Cereal or pop tart **27**
Or muffin or yogurt,
Cheese stick or
Fresh fruit or fruit
Juice or milk

Cereal or pop tart **28**
Or muffin or yogurt,
Cheese stick or
Fresh fruit or fruit
Juice or milk

Cereal bar or pop tart **29**
Or muffin or yogurt,
Cheese stick or
Fresh fruit or fruit
Juice or milk

Cereal or pop tart **30**
Or muffin or yogurt,
Cheese stick or
Fresh fruit or fruit
Juice or milk

