

November Breakfast Menu

Hamilton County Jr./Sr. High School

Monday

Tuesday

Wednesday

Thursday

Friday



Biscuit/Gravy or Bacon or cereal
Or pop tart or yogurt
Juice or milk

French toast sticks
Or cereal or pop tart or yogurt
Or fruit juice or Fresh fruit or milk

Breakfast Pizza,
Cereal or pop tart
Yogurt or
Fresh fruit or fruit
Juice or milk

Cereal or muffin
Or poptart or yogurt
Or fresh fruit or
Fresh juice or milk

Pancake/sausage
On a stick or
Cereal or pop tart or
Muffin or fresh fruit or
Fruit juice or milk

Biscuit/Gravy or
sausage or cereal
Or pop tart or yogurt
Juice or milk

Breakfast burrito
Or cereal or
Poptart or
Fruit juice or yogurt
Or milk

Breakfast Pizza,
Cereal or pop tart
Yogurt or
Fresh fruit or fruit
Juice or milk

EGG PATTY/BISCUIT
OR CEREAL OR
POP TART
YOGURT
OR CHEESE STICK
FRESH FRUIT
MILK

Biscuit/Gravy or
Bacon or cereal
Or pop tart or yogurt
Juice or milk

Cereal or muffin
or
Pop tart or yogurt
Or fresh fruit or
Fresh juice

No
School
For
Students

Breakfast Pizza,
Cereal or pop tart
Yogurt or
Fresh fruit or fruit
Juice or milk

DONUT OR CEREAL
OR POP TART
OR CHEESE STICK
OR YOGURT
OR FRUIT JUICE OR
FRESH FRUIT

NO
SCHOOL-
Thanksgiving
Break

NO
SCHOOL-
Thanksgiving
Break

NO
SCHOOL-
Thanksgiving
Break

Breakfast Pizza,
Cereal or pop tart
Yogurt or
Fresh fruit or fruit
Juice or milk

LONG JOHN OR CEREAL
POP TART OR
CHEESE STICK OR
YOGURT OR
FRUIT JUICE OR FRESH
FRUIT
OR MILK

Scrambled Eggs or toast
Or sausage or cereal
Or yogurt
Or fresh fruit or
Fruit juice or milk

Biscuit/Gravy or
Bacon or cereal
Or pop tart or yogurt
Juice or milk

Cereal or muffin
Or poptart or
Yogurt or fresh
Fruit or milk